

## Brain Injury & Disability Resources

ABIN-PA InfoLine 800.516.8052  
Abuse Reports—Age 0-18 800-932-0313  
Abuse Reports—Age 18+ 800.490.8505  
Aging/Disability Referrals 866.286.3636  
Area Agency on Aging (blue pages)  
BIAPA Resource Line 800.444.6443  
BrainSTEPS (Local Intermediate Unit)  
CareerLink (blue pages)  
ChildrensHealthInsurance 800.986.5437  
Consumer Protection 800.441.2555  
Crime Victim's Benefits 800.233.2339  
Defense & Veterans BIC 866.966.1020  
Disability Rights Network 800.692.7443  
DomesticViolence Hotline 800.799.7233  
Elks Nurses (care plans) 814.781.7860  
Epilepsy Foundation 800.887.7165  
Head Injury Program 717.772.2762  
(1 year of rehab, \$100,000 max)  
Health Insurance [www.healthcare.gov](http://www.healthcare.gov)  
or 800.318.2596  
Health Law Project 800.274.3258  
Independent Living Ctrs 717.364.1732  
Legal Aid (PA) 800.322.7572  
Legal Clinic for Disabled 215.587.3350  
Meals on Wheels [www.mealcall.org](http://www.mealcall.org)  
Medical Assistance 800.537.8862  
Medicare Coverage 800.633.4227  
(Part A & B have in-home services)  
Medicare Complaints 800.783.7067  
Office of Vocational Rehab (blue pages)  
OVR Complaints 888.745.2357  
Social Security 800.772.1213  
Special Ed Consult Line 800.879.2301  
Special Kids Network 800.986.4550  
Waiver Enrollment 877.550.4227  
Waiver HelpLine 800.757.5042  
Women's Law Project 215.928.9801

## ABIN-PA Services

"Empowering Survivors & Families to Rebuild Their Lives."

### InfoLine

Resources. Problem-solving. Support.

### Advocacy

Individual. Government Affairs.  
Nonprofit Coalitions & Collaboratives.

### Education

Conferences. Presentations.  
Staff Training.

### Literature

Free Monthly Newsletter.  
Brochures.  
Booklets.  
PowerPoints.

### Website

Newsletter Archives & Sign-Up.  
Print Literature.  
"Our Stories."  
Print Resource List by Birthdate.  
Rehab Facility Search by Type.  
Videos.

## Brochure Categories

General  
Children <21  
Adults 18+  
Families & Caregivers  
Rehabilitation  
Dual Diagnosis  
Justice System

Brain Injury Advisory:  
Dual Diagnosis

## INTELLECTUAL DISABILITY



ABIN-PA is dedicated to increasing public awareness about acquired brain injury and to providing support, education, information, advocacy and other services for individuals with acquired brain injury and their families.

ACQUIRED BRAIN INJURY  
NETWORK OF PENNSYLVANIA

InfoLine: 215.699.2139  
Toll-Free: 1.800.516.8052  
[info@abin-pa.org](mailto:info@abin-pa.org)  
[www.abin-pa.org](http://www.abin-pa.org)

## Who qualifies as intellectually disabled?

The Person/Family Directed Support Waiver and the Consolidated Mental Retardation Waiver begin at age 3. To qualify for these benefits, an IQ and functional capacity below 70 must be recorded at some time prior to age 22. Those whose IQ and functional capacity drop below 70 after age 21 do not qualify.

## What are the causes of intellectual disability?

15% of those with an IQ/functional capacity below 70 prior to age 22 have an IQ from 0-55. Of this group, 60% have a neurodevelopmental disorder which limits their IQ.

85% of those with an IQ/functional capacity below 70 prior to age 22 test from 55-70 and it is rare for anyone in this group to have a neurodevelopmental disorder.

Those testing below 70 without a genetic neurodevelopmental disorder should be screened for brain injury from an accident, illness, poisoning, etc. These individuals should focus on recovery through brain injury rehabilitation. Currently, ID has no TBI screening or focus on recovery.

## What resources are open to a child with low IQ due to brain injury?

All disabled children are eligible for Medical Assistance, which covers Cognitive Rehabilitation Therapy (CRT) by a licensed Occupational Therapist to age 21. The Special Needs Unit at 800.521.6860 can help arrange CRT with a physician's referral. Federal Medicaid Law requires states to cover rehabilitation for children under 21 under §1396d(r)(5). Parents can secure written denials and appeal.

Schools offer §504 accommodations, special education and related services up to age 21. Intermediate Units help schools through BrainSTEPS.

The OBRA and Independence Waivers become available at age 18. At age 21, the COMMCARE Waiver for traumatic brain injury offers support, housing and brain injury rehabilitation. Call 877.550.4227.

Also at age 21, those not already on a waiver can apply for the PA Head Injury Program (717.772.2762) which offers one year of rehabilitation to a maximum of \$100,000 plus 6 months of transition counseling. One of the waivers may be helpful after the Head Injury Program ends.

## Assess the Need for Rehabilitation

When changes in cognition, behavior and/or physical function are noted, children need medical attention and brain injury rehabilitation. Cognitive Rehabilitation Therapy is the evidence-based treatment that reverses this cognitive disability.

## Long Term Problems from Brain Injury

COGNITIVE: memory, speed, word finding, concentration, judgment, spatial awareness, organization, planning, reading, writing, math, and multi-tasking.

PHYSICAL: seizures, balance, spasticity, weakness, paralysis, vision, hearing, speech, headache, fatigue, smell, taste, swallowing.

BEHAVIORAL: anxiety, depression, mood swings, impulsivity, agitation, egocentricity, lack of awareness.

## Juvenile Justice

Impulsive behavior, inability to follow rules and poor choices are common after brain injury. Police contact should trigger a careful screening for a pre-existing brain injury.