

Brain Injury & Disability Resources

ABIN-PA InfoLine 800.516.8052
Abuse Reports—Age 0-18 800-932-0313
Abuse Reports—Age 18+ 800.490.8505
Aging/Disability Referrals 866.286.3636
Area Agency on Aging (blue pages)
BIAPA Resource Line 800.444.6443
BrainSTEPS (Local Intermediate Unit)
CareerLink (blue pages)
ChildrensHealthInsurance 800.986.5437
Consumer Protection 800.441.2555
Crime Victim's Benefits 800.233.2339
Defense & Veterans BIC 866.966.1020
Disability Rights Network 800.692.7443
DomesticViolence Hotline 800.799.7233
Elks Nurses (care plans) 814.781.7860
Epilepsy Foundation 800.887.7165
Head Injury Program 717.772.2762
(1 year of rehab, \$100,000 max)
Health Insurance www.healthcare.gov
or 800.318.2596
Health Law Project 800.274.3258
Independent Living Ctrs 717.364.1732
Legal Aid (PA) 800.322.7572
Legal Clinic for Disabled 215.587.3350
Meals on Wheels www.mealcall.org
Medical Assistance 800.537.8862
Medicare Coverage 800.633.4227
(Part A & B have in-home services)
Medicare Complaints 800.783.7067
Office of Vocational Rehab (blue pages)
OVR Complaints 888.745.2357
Social Security 800.772.1213
Special Ed Consult Line 800.879.2301
Special Kids Network 800.986.4550
Waiver Enrollment 877.550.4227
Waiver HelpLine 800.757.5042
Women's Law Project 215.928.9801

ABIN-PA Services

"Empowering Survivors & Families to Rebuild Their Lives."

InfoLine

Resources. Problem-solving. Support.

Advocacy

Individual. Government Affairs.
Nonprofit Coalitions & Collaboratives.

Education

Conferences. Presentations.
Staff Training.

Literature

Free Monthly Newsletter.
Brochures.
Booklets.
PowerPoints.

Website

Newsletter Archives & Sign-Up.
Print Literature.
"Our Stories."
Print Resource List by Birthdate.
Rehab Facility Search by Type.
Videos.

Brochure Categories

General
Children <21
Adults 18+
Families & Caregivers
Rehabilitation
Dual Diagnosis
Justice System

Brain Injury Advisory:
Rehabilitation

DISCHARGE PLANNING



ABIN-PA is dedicated to increasing public awareness about acquired brain injury and to providing support, education, information, advocacy and other services for individuals with acquired brain injury and their families.

ACQUIRED BRAIN INJURY
NETWORK OF PENNSYLVANIA
InfoLine: 215.699.2139
Toll-Free: 1.800.516.8052
info@abin-pa.org
www.abin-pa.org

Essential Role of the Discharge Planner

There is no greater responsibility than helping individuals and families with next steps in the long and difficult journey of recovery from brain injury. Survivors and families will need help to understand that recovery may be slow, require intense effort, and be incomplete.

Assessment

STATUS: Neuropsychological, medical, disability or Area Aging & Adult Services evaluations.

PREFERENCES: What does the individual want? The family?

FUNDING: Social Security Disability, Supplemental Security Income, Veterans' Administration, Workers' Compensation, short/long-term disability, Aging Services, Medicaid, Medicare, Head Injury Program or the waivers (Attendant Care, OBRA, Independence or COMMCARE).

Housing

Can the person live alone or return home or to family? Will home modifications be needed. Will a residential brain injury program be needed, or a nursing home?

Return to Work

For help returning to work, check the blue pages for your local Office of Vocational Rehabilitation.

Return to School

Contact the child's school district. Ask for the Special Education Department and also for the Intermediate Unit BrainSTEPS coordinator to assist the school with re-entry planning.

Care at Home

Medicare offers home care under Parts A & B. Medicaid Waiver services are available to keep people in the community instead of nursing homes. Residential, group home or in-home providers are an option.

Rehabilitation—0-21

Disabled children are Medicaid-eligible regardless of parent income. Apply through the social worker at the hospital, COMPASS or County Assistance. Medical Assistance (MA) will pay for Cognitive Rehabilitation Therapy (CPT 97532) for children under 21 when provided by an occupational therapist. CPT 97532 should be provided long term to age 21 as problems emerge slowly.

Rehabilitation—18+

- 18-59—the Attendant Care, Independence and OBRA Waivers at 877.550.4227
- 21+ - the one year Head Injury Program at 1.717.772.2762.
- 21+ - the COMMCARE Waiver for TBI at 1.877.550.4227.
- Services are also available within Medicare and regular Medicaid.

Rehabilitation Services

Rehabilitation addresses the cognitive, emotional, behavioral and physical challenges plus adjustment to a different life, a "new normal."

Neuropsychological evaluations list the strengths and limitations and provide recommendations. These are repeated periodically.

Therapies are provided by neuropsychologists, occupational therapists, physical therapists, speech & language therapists, and other professionals.

Clients are re-trained in lost skills such as reading; given compensatory strategies; and taught to use assistive technology like reminder watches, communication boards, memory books, etc. Personality, habits, and skills return slowly.